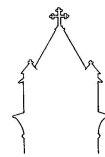




# The Grace Vine



Grace Episcopal Church  
Lexington, North Carolina

June 2011

## OUTDOOR SERVICE AND POT LUCK LUNCH

Sunday – June 5

Arrive at 11:00 am for the worship service led by the Youth of Grace Church  
Potluck Lunch to follow—Wildcat Mountain

Wildcat Mountain is an 800+ acre property co-owned by the R.B. Smith Family and several other families from the community. The property has approximately 10 miles of gravel road to hike as well as trails through the woods. The service and lunch will be take place near a house that has two bathrooms. There is a porch with rocking chairs, a horseshoe pit, and for those who like to fish, a large lake and several smaller ponds.

Plan to spend an enjoyable afternoon after the service playing, talking and relaxing.

**BRING:** Lawn chairs, blankets, tents, sunscreen, bug spray, games: Volley ball, badminton, soccer balls, Frisbee, fishing poles, walking shoes, binoculars, etc.

### Pot-Luck Lunch

Parish Life will provide Fried Chicken, Iced Tea, Boxed drinks for children, Water, Ice, and Paper Products

You are asked to bring the following depending on the beginning letter of your last name, and provide enough for your family and at least 6 to 8 people:

- A-G Pasta or potato salad
- H-J Green salad or coleslaw
- K-N Vegetable or fruit
- O-Z Dessert

### Directions to Wild Cat Mountain

Take Hwy 8 south, turn left onto Hwy 47 (American Children's Home on right)

Stay on Hwy 47, be on lookout for two places that the Hwy takes a turn to the left; bear to your left both times to stay on Hwy 47 (at the second turn Bethany United Methodist Church will be to the right). Landmarks you will see after passing Bethany church:

Hedrick Brothers Lumber Co., Summerville Church Road on the right, Frank Road on the left

After passing Frank Road, there will be a hill and a curve; look for the entrance on the right – it will be marked with a sign; it is a gravel road with stone walls on either side of gate. Keep on the gravel road till you see a sign that says Stewardship Forest; find a place to park on the lawn area near the house.

**\*\*PLEASE NOTE – THERE WILL NOT BE ANY SERVICE AT THE CHURCH OR CHAPEL ON SUNDAY JUNE 5 – JUST THE OUTDOOR SERVICE**

## Summer Sunday Worship Schedule June 12 – August 28

ONE SERVICE ONLY IN THE CHAPEL  
AT 10:30 AM



Arts Academy at Grace  
Summer Classes 2011

Violin • Guitar • Piano  
Harp • Voice

For more information, please see our website  
at: [www.artsacademyatgrace.org](http://www.artsacademyatgrace.org)

## JUNE BIRTHDAYS

Jun 8	Wes Allred	Jun 23	Ellie Hodge
Jun 8	Abby Timberlake	Jun 23	Baylee Brown
Jun 13	Ben Philpott	Jun 25	Will Blackerby
Jun 18	Fran Moore	Jun 27	Carolyn Wolfe
Jun 18	Ford Ingram	Jun 27	Emily Brown
Jun 22	Catherine Hoffmann	Jun 30	Joan Clodfelter
Jun 22	Mike Johnson	Jun 30	Skip Stoner
Jun 23	Tommy Phillips	Jun 30	Josey Parker

## Volunteers Needed!

This summer's Arts Discovery Camps will be held at Grace Church on June 27—July 1 and at The American Children's Home on July 25-29. These outreach camps are being supported by funding from Grace Church as well as several other local organizations and churches. This is the sixth year we have offered these camps in our community.



Our student population for the camps is made up of children who are referred by school guidance counselors and members of sponsoring churches. The children are exposed to the arts in many ways. The areas of the arts offered at the camps are: visual art, violin, piano, guitar, dance, and drama. They will get to focus on three different areas. The faculty and visiting artists from the area will also share their talents with the children throughout the week.

Once again we need Grace Church volunteers to assist us to **set up** and **clean up** and serve as **hosts, teacher assistants, and van drivers**. If you would like to volunteer to help please contact Bonnie Duckworth as soon as possible. ([bduckworth@gracechurchlexington.org](mailto:bduckworth@gracechurchlexington.org))

### Pisgah 2011 - Wednesday, June 22 - Sunday, June 26 with Early Bird Option on Tues, June 21

Easter has come and gone, so the Annual Pisgah Camping Trip can't be too far away. We can't wait to get away from the hustle and bustle of work and school to the peace and solitude of the Pisgah National Forest.



In case you're new to Grace Church, we want you to know that the Pisgah Camping Trip is open to EVERYBODY! Families, singles, infants, children, seniors, friendly dogs, former church members, friends of church members-anybody who wants or needs to get away for a long weekend to enjoy the mountains and the unique community that forms around this event. Cove Creek is a gated primitive group campground with a water pump and a pit toilet located in the Pisgah National Forest just outside Brevard, NC-about 3 1/2 hours from Lexington. Most of our folks camp in tents or pop-up campers, but we've had a motor home or two over the years and we've seen other groups with small hard shell campers. For the less hardy, there is a Hampton Inn nearby.

This is a "come when you can" event and folks are welcome to come for one night or all four (or five). Breakfast and lunch are on your own each day, but we do a community supper each night. Daily activities are whatever you want them to be; we do have a lot of information on nearby points of interest, including all types of hikes. If you've never been and want some more information, contact Belvie or Bill Gilleland, 224-0784, [bgilleland@lexcominc.net](mailto:bgilleland@lexcominc.net) or John Burke, 249-1480, [jburke@lexcominc.net](mailto:jburke@lexcominc.net).

### A BIG THANK YOU!!

We hope you have all noticed there are new plants and fewer weeds around our campus, and that various other areas have recently benefitted from a spring-clean, fresh coat of paint and other minor repairs.

Thank you to those who turned out for the two Spring Clean-up days in April, to our Master Gardeners who created a planting plan, to those who prepared the planting areas beforehand and to the team which is currently working on a major reorganization of the Archives Room. The individual tasks, which are necessary for the maintenance of our facilities, can be very time-consuming but it's certainly true that many hands make light(er) work.

We would like especially to thank two dedicated members of our Church family for the work they have done over the past few months:

Louie Cox, who undertakes repairs and repainting all around the campus, before most of us have even noticed the need for it, and Ed Huneycutt, who has rebuilt damaged kneeling benches in the Chapel.

Scott Hoffmann and Patricia Wardle, Junior Wardens

### NEW TELEPHONE NUMBERS FOR TOM & JUDY KING

Effective May 15, Tom and Judy discontinued their landline and will have new phone numbers:

**Tom 596-9189 Judy 596-9190**

## BUILDING COMMITTEE APPOINTED

Assuming that our capital campaign will be successful, the rector and Senior Warden have appointed a building committee to work with our architects to finalize plan details and to begin the process of securing bids for construction. If all goes well, the building committee will bring its final recommendations to the vestry for approval in the near future.

Committee members are: Susan Terrell, Chair; Kathie Goodman, Senior Warden; Catherine Hoffmann; Gayle Burke; Will Blackerby; John Taylor; and Hugo Hodgin. Staff members Kathy Johnson, Bonnie Duckworth, and Jane Blackerby will serve as ex officio members because their ministry areas will be affected significantly by the proposed changes. Tom and Joan get a reprieve this round!

From the Vestry Person of the Month

There is part of a prayer in our BCP that I think works extremely well for our own 'sabbatical'. "If I am to sit still, help me to sit quietly. ....And if I am to do nothing, let me do it gallantly. Make these words more than words, and give me the Spirit of Jesus. Amen"

Sometimes it is very difficult to be still when "there is so much to be done". Our bodies may be in a chair, but where is our mind? The laundry, the communications that need to be done, the hungry that need to be fed, the children who are overly active, etc, etc. How do you fight the world as it creeps in to steal your quiet?

I have a bird tree. My favorite chair has a wonderful window beside it, and outside that window is a bird tree. Bill "planted" a fallen cedar tree, and we have placed several bird feeders on it. I love to sit and watch all the birds. Gold finches by the pairs, lone purple finches, woodpeckers, and many more come each day, all day long. Of course the best time is early morning (not MY best time) and evening. The birds ask nothing of me (even if the feeders are empty) and do not care how I look or what my world requires of me. When I truly watch them my mind does not wander to other things, and I can be in awe of God's world. I can take a very few minutes to escape or I can spend a greater amount of time - whatever I need.

Find your quiet, fill your lives with renewal, hold your family close, and come to church!!

Peace to each of you, *Kathie Goodman*

## THANK YOU TO ALL OUR SUNDAY SCHOOL TEACHERS & FACILITATORS!!!

Grace Church is so lucky to have a dedicated group of Sunday School teachers. Please be sure to let the people listed below know how much you appreciate their willingness to study, prepare, show up and be with your children each Sunday.

Thanks especially to:

Sandra Husted for chairing the Children's Education Commission, preparing the *Workshop Cycles* and getting supplies ready for classes.

Cathy and Sims Riggan for being the *Journey to Adulthood* Coordinators; planning special events, service projects and the upcoming mission trip.

### K-5<sup>th</sup> grade

Beth Burke	Sandra Husted
Belinda MacKinstry	Cameron Miller
Mary Cameron Welborn	

### J2A - 6<sup>th</sup> – 12<sup>th</sup> grade

Will Blackerby	Kathy Johnson
Patrick Miller	Cathy & Sims Riggan
Ed Timberlake	Lisa Timberlake

And thanks to the Adult Forum Facilitators who prepare and lead the adult Sunday school class. This past year several learning opportunities were made available; Gospel based Bible Study, Video/Book studies, and a class about Spiritual Formation for Children and Families.

### Adult Forum

Bonnie Duckworth	David Gilliam	Shawn Hodge	Tom King	David Sink	Susan Terrell
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APRIL 2011	
BUDGET	25,120.17
INCOME	22,983.13
EXPENSE	29,427.27
NET	(6,444.14)

YEAR-TO-DATE 2011		
BUDGET	100,480.68	33.3% of year
INCOME <sup>1</sup>	96,242.09	31.9% of budget
EXPENSE	105,120.36	34.9% of budget
NET	(8,984.52)	
<sup>1</sup> Does not include \$29,066.68 in pre-paid pledges.		

## June Ministries Schedule

	June 5 Outdoor Service	June 12 10:30	June 19 10:30	June 26 10:30	July 3 10:30
<b>Lector</b>	n/a	Barry Wardle	Belinda MacKinstry	needed	Nancy Mack
<b>LEM</b>	n/a	n/a	n/a	n/a	n/a
<b>Intercessor</b>	n/a	Bill Gilleland	Tad Onorato	David Sink	Joe Wallace
<b>Acolytes</b>	n/a	Jack Burke	David Wolfe	Rachel Dilley	Miles Stoner
<b>Ushers</b>	n/a	Patrick Miller Richard Wolfe	Bill Gilleland Ed Huneycutt	Richard Thomas Sims Riggan	Glen O'Shea R.B. Smith
<b>Greeters</b>	n/a	Richard Thomas Belinda Thomas	Jane Grimes Sandy Reynolds	Barry & Patricia Wardle	Ed & Diane Huneycutt
<b>Nursery</b>	n/a	Mary Cameron Welborn	Jennie McDonald	Robin Petruzzi	Wes Allred
<b>Social Hour</b>	n/a	n/a	n/a	n/a	n/a
<b>Sunday Lunch</b>	Marlene & David Jones Pam Alley	Marlene Jones	Debbie & Shelly Davis Jeff & Renee Kaley	Morgan Family	Nancy Sink Julie Dayvault
<b>Flowers</b>	n/a	Jerry & Jeri Burkhardt	Bill & Kathie Goodman	Meeks Wedding	Carol & Bert May
<b>Altar Guild:</b>	Page Onorato, Dale Burr, Linda Cox, Frances Garner, Virginia Hartzog, Pam Harvey, Chris Hodges, Renee Kaley, Talmadge Silversides, Peggy Walser				

**Crisis Ministry Meal** — June 6: The Riggan Family, Beth DeLapp, Tere Wagner  
 July 4: Barry & Patricia Wardle, Gray & Mary Davis, Shannon Jones  
 August 1: Tommy & Marty Younts, John & Beth Burke, Lisa Timberlake, David & Nancy Sink  
 September 5: Staley Nance, Belvie Gilleland, Hugo Hodgins, Barbara Presnell  
 October 3: Karl & Mary Bolstad, Pam Harvey, Glenn & Libby O'Shea, Ben & Deirdre Philpott  
 November: 7: Carol Jordan, Jeri Burkhardt, Kathy Johnson, Diane Huneycutt  
 December 5: J2A Youth

**Vestry Person of the Month:** Kathie Goodman

**Food Pantry:** Kathie Goodman

**Recycling:** Kathy Johnson

\*If you are unable to serve on the assigned Sunday, please secure a substitute and notify the church office by Wednesday noon prior to the Sunday you are assigned.

### PRAYER LIST

<b>Adkins, Mark</b>	Parishioner	<b>Little, Ronda</b>	Friend	<b>Reynolds, Bob</b>	Friend
<b>Beeker, Jo</b>	Parishioner	<b>Logan, James</b>	Nancy Mack's father	<b>Rojas, Jacklynn</b>	M&L Cleckley's granddaughter
<b>Bell, Mary Lou</b>	Friend	<b>Long, Suzanne</b>	Jeff Kaley's mother	<b>Russell, Margaret</b>	Frances & Rhonda's sister
<b>Bingham, Georganne</b>	Staley & Ed's mother	<b>Marsh, Polly</b>	Jane Grimes' mother	<b>Scott, Sierra</b>	Friend
<b>Branscomb, Susan</b>	Parishioner	<b>Mauzé, Ben</b>	Friend	<b>Sheets, Logan</b>	Suzy & Glen's son
<b>Brophy, Luke</b>	A. Vassallo's grandson	<b>May, Carol</b>	Parishioner	<b>Sheets, Suzy</b>	Parishioner
<b>Brown, Baylee</b>	Parishioner	<b>McIntyre, Fred</b>	Parishioner	<b>Stoner, Marianna</b>	Former Parishioner
<b>Cook, Luke</b>	Bob & Sandy's grandson	<b>Michael, Molly</b>	T. Silversides' cousin	<b>Thomas, Elrene</b>	Parishioner
<b>Davis, Tim</b>	Friend	<b>Moser, Rebecca</b>	Parishioner	<b>Vick, Sarah</b>	Friend
<b>Dodd, Towers</b>	Parishioner	<b>Newber, Anne</b>	Former Parishioner	<b>Wagner, Mike</b>	Parishioner
<b>Hodgin, Sue</b>	Parishioner	<b>Orren, Faye</b>	Friend	<b>Williams, Aaron</b>	Anna Gilleland's Fiancé
<b>Johnson, Vici Schofield</b>	Friend	<b>Phillips, Tommy</b>	Parishioner	<b>Young, Chip</b>	Friend
<b>Kepley-Lee, Becky</b>	Friend	<b>Philpott, Ben</b>	Parishioner	<b>Younts, Marty</b>	Parishioner
<b>Linder, Larry</b>	Parishioner	<b>Powell, Cinnie</b>	Rick Mack's sister	<b>Younts, Roger</b>	Tommy's brother

## How should we treat our smallest brethren (the micro, in fact)? Read the directions!

By Mark Petruzzi



This month I'm inviting folks to follow along and play the home version of the article. We're going to briefly discuss the use of disinfectant products in the home, so before we get started, please run under the kitchen sink, into the laundry room or out in the garage and grab one or two bottles of any cleaning products you have with the word "disinfectant" on the label. I'll wait.

This will not be an attack on any particular brands of products or chemical ingredients (although I'm happy to discuss those in more detail), but simply a discussion regarding proper use of this type of product.

First and foremost, let's begin with the premise that a disinfectant or sanitizer is something that is intended to kill living things, in this case microorganisms. These products do not distinguish between "good" bacteria such as acidophilus (check your yogurt container or ask Cooper or Erik) or "bad" bacteria such as Escherichia coli (aka E. coli). Typically they must be registered as pesticides with the Environmental Protection Agency and list their "active" ingredient(s) that actually do the "killing" on the front of the label. If you're following along at home, please take a peek at the front of the label and you should see an EPA registration number and some "active" and "inert" ingredient listings. Perhaps thinking of these products as registered pesticides may help in reinforcing their judicious use inside the home, since chances are most of the other pesticides in your house are stored outside in the garage or shed. Microorganisms are the tiny "pests" that these products are designed to kill.

Now we'll consider proper use. Before disinfecting or sanitizing any surface, the surface first needs to be clean. Much of the time we're using these products in the kitchen or bathroom, where surfaces are full of organic material (e.g., dirt, food residue, oils, grease, protein, etc.). If the surface isn't cleaned first, the disinfectant will sit on top of the "dirt" which is sitting on top of the counter, and the disinfectant will never actually reach the surface you want to disinfect. Think about trying to get your hands clean after making something with butter or ground meat – just rinsing with water isn't sufficient and you need a soap to release the oily/greasy material from your skin. You need a cleaner that will help release contaminants from the surface and then the cleaner and all that organic material needs to be removed. As a bonus, the physical act of scrubbing the surface with a microfiber cloth or paper towel by itself removes a huge amount of the contaminants that we are trying to eliminate!

Disinfectants tend to come in two types: a stand-alone disinfectant (that doesn't do any cleaning) and a combination cleaner/disinfectant.

If you have a stand-alone disinfectant as your sample, turn over the label and you'll probably see instructions like this:

**Hold container upright 6 inches to 8 inches from surfaces. To Disinfect: *For precleaned surfaces:* Spray 2 to 3 seconds until covered with mist. *Allow to stand 10 minutes to air dry.***

The two key points here are 1) the surface needs to be precleaned and 2) the surface needs to be sprayed with enough mist that it will stay wet for 10 minutes. A light misting that dries faster than 10 minutes will not disinfect that surface.

For combination cleaner/disinfectant products, your label instructions may read like this:

***For Cleaning:* Shake well before using. Point button to mark on rim. Hold can 6 to 8 inches from surface to be cleaned. Press button and cover area lightly with foam. After a few seconds, wipe off with a clean cloth or sponge. *For disinfecting, killing athlete's foot fungus, Staphylococcus aureus and E. coli on hard nonporous surfaces: follow cleaning directions first;* then spray on surface until thoroughly covered with foam. *Leave for 10 minutes.* Wipe with damp cloth or sponge.**

Notice that there are separate instructions for cleaning and disinfecting – you do have to use the product twice. And it also states that the surface needs to be sprayed with enough liquid to stay wet for 10 minutes. If you just spray the cleaner on the surface and wipe it off, you've cleaned the surface but you haven't disinfectated it. Even the fastest disinfecting products out there still require a contact time of 30 seconds or 5 minutes, so a spray-and-wipe application does not disinfect the surface.

Without going into a lot of detail, the key takeaways are that disinfectant and sanitizer products need to be used appropriately (i.e., where there are "bad" microorganisms that need to be eliminated) and properly (i.e., according to the label instructions). If they're not used appropriately, we end up putting more chemicals designed to kill living organisms out into our homes and the environment without deriving any health benefit. If the proper contact time isn't used, we can contribute to the resistance of microorganisms to these chemicals which will make it more challenging to eliminate them in the future (e.g., 4 minutes, 7 minutes or 9 minutes 32 seconds isn't the same as 10 minutes); this is just like not taking the full course of prescribed antibiotics.

A little dirt is actually really good for a healthy immune system – it's not just for plants! A house can still be clean without resorting to a "scorched earth" policy of killing any and all bacteria, good and bad. Be clean and green!

## Let's Think Sabbatically!

While the rector is away on sabbatical, let's all think sabbatically as well. Thinking sabbatically involves finding ways to slow down, pay attention, and connect with the deeper resources that enrich our lives. How does that sound? It's worth a try. Most of it is up to you, but here are some ways Grace Church can help.

### Slowing Down & Doing Less at Grace Church

- One service each Sunday at 10:30 in the chapel with one acolyte, no Lay Eucharistic Minister, an "informal" choir, and *less electrical expense*
- No Social Hour in June, July, August
- No Wednesday choir rehearsals
- No Sunday School
- No Wednesday Night Specials
- No formal programming
  - If a book study or discussion group rises up spontaneously, either before or after the Sunday service, or at some other time during the week, all are welcome to participate. However, formal programming will be kept to a minimum during the summer months.
  - If you would like to get a group together in the Commons Room to watch a movie, please let the church office know. Although "movie night" is not on the calendar this summer, the office can help with publicity if needed.

### Paying Attention, Listening & Connecting at Grace Church

Sabbatical/Sabbath provides the opportunity to reflect on where we have been as a community of faith and where we are headed. Guest clergy will offer "different voices and different ideas" during worship.

Resources are listed on page 4. The Wayne Muller books are especially helpful, read individually or along with other people in a discussion group.

### Unsolicited Advice from the Rector:

I hope you will take seriously the invitation to slow down and calm down as much as possible this summer. We are streamlining what we do at church, but you will have to decide whether or not to *streamline other parts of your life*. Maybe you can make vacation less ambitious, and travel less frenetic. Maybe you can carve out some time for a family stroll or a quiet walk alone. Maybe you can simplify meal routines, schedule a family night each week without any electronic devices, or take a picnic to the park or the back yard.

*And remember:*

*You don't have to wait until fall to come to church.*

*You can invite someone to come with you; they would probably appreciate the invitation.*

*A hammock is a great place to read the Bible or Prayer Book, and to think spiritual thoughts.*

### Sundays at Grace Church: May 22 – September 11

Date	Time & Location	Presiding
5/22	9:00 Chapel 11:00 Church	The Reverend Tom Droppers
5/29	9:00 Chapel 11:00 Church	The Reverend Tom Droppers
6/5	11:00 Wildcat Mountain Holy Baptism & Parish Picnic	The Reverend Bonnie Duckworth
6/12	10:30 Chapel	The Reverend Fred Horton
6/19	10:30 Chapel	TBA
6/26	10:30 Chapel	The Reverend Trawin Malone
7/3	10:30 Chapel	TBA
7/10	10:30 Chapel	The Reverend Trawin Malone
7/17	10:30 Chapel	The Reverend Leon Spencer
7/24	10:30 Chapel	The Reverend Leon Spencer
7/31	10:30 Chapel	St. Paul's (Winston-Salem) clergy*
8/7	10:30 Chapel	St. Paul's (Winston-Salem) clergy*
8/14	10:30 Chapel	The Reverend Charles Hawes
8/21	10:30 Chapel	The Reverend Tom King
8/28	10:30 Chapel	↓
9/4	9:00 Chapel & 11:00 Church	↓
9/11	9:00 Chapel & 11:00 Church 9:45 Christian Education Resumes 11:00 Church	↓

## Guest Clergy

**The Reverend Tom Droppers** is a retired priest, living in Greensboro. Tom serves as chair of the Diocesan Committee for Environmental Ministry. In the past two years he has worked with others to establish a community garden at the Church of the Holy Spirit, designed to involve members, neighbors, and immigrants from the community to share gardening knowledge, ideas, and culture. Tom and his wife Mary Ellen moved to North Carolina as newlyweds in 1959.

**The Rev. Charles M. Hawes** retired in 2006 after serving 22 years as the Vicar of St. Mary's House Episcopal Campus and Community Center at the University of North Carolina at Greensboro, and as Episcopal chaplain at UNCG and Guilford College. He was educated at Trinity College, Hartford, Conn. and the Episcopal Theological School (now EDS) in Cambridge, Mass. Formerly an overseas missionary in the West Indies and circuit rider in the Northeast Kingdom of New Hampshire, Vermont, and Quebec, he is a widower recently married to Faith Steverman and has a daughter, Kelly Love, a free-lance artist and belly dancer in Wilmington.

**The Reverend Fred Horton, PhD**, is John Thomas Albritton Professor of Biblical Studies at Wake Forest University. Fred joined the WFU faculty in 1970, and will retire at the end of May. He graduated from Union Theological Seminary in New York, with an emphasis in New Testament. He earned the PhD in Biblical Studies from Duke University. In addition to teaching courses in Bible, he has also taught ancient languages (Hebrew, Aramaic, Syriac Egyptian, and Coptic).

**The Reverend Trawin Malone, DMin**, has served as one of three Regional Priests in our diocese since 2008. He works as a program and networking resource for churches in the Greensboro and Winston-Salem convocations (Surry, Stokes, Rockingham, Yadkin, Forsyth, Davie, Davidson, Randolph, and Alamance counties). Trawin graduated from the Episcopal Seminary of the Southwest in Austin, and has served churches in the Diocese of the Rio Grande, Diocese of Dallas, and Diocese of Atlanta prior to moving to North Carolina.

**The Reverend Leon Spencer, PhD**, and his wife Karen live in Greensboro. Leon retired in 2009 as the first Dean of the Diocese's School of Ministry. He previously served as Dean of Studies at the Diocese of Nairobi's Theological College, headed the ecumenical Washington Office on Africa, and most recently spent several months in Botswana as a consultant on theological education. He teaches at the Wake Forest Divinity School, works with an African Anglican theology network, and serves on the Bishop's Board of Examining Chaplains.

**\*St. Paul's Clergy:** We are grateful to the Reverend David Hodges, Rector of St. Paul's in Winston-Salem for the gift of two Sundays of supply clergy during our rector's sabbatical. Additional clergy at St. Paul's include: the Reverend Chantal McKinney, the Reverend Tom Murray, the Reverend Philip Squire, and the Reverend Darby Everhard. We are grateful to the clergy of St. Paul's for this gift, and we look forward to having one member of their staff with us on July 31 and one on August 7.

### **Resources for Refreshment and Renewal (Limit: 2 per person)**

#### **Leech, Kenneth**

[True Prayer: an Invitation to Christian Spirituality](#)

#### **Kornfield, Jack**

[Jesus and Buddha: the Parallel Sayings \(written with Marcus Borg\)](#)

[Meditation for Beginners](#)

#### **Merton, Thomas**

[Contemplative Prayer](#)

[New Seeds of Contemplation](#)

#### **Muller, Wayne**

[A Life of Being, Having, and Doing Enough](#)

[Sabbath: Finding Rest, Renewal, and Delight in Our Daily Lives](#)

#### **Rohr, Richard**

[Falling Upward: a Spirituality for the Two Halves of Life](#)  
[Simplicity](#)

#### **Hahn, Thich Nhat**

[Going Home: Jesus and Buddha as Brothers](#)

[Living Buddha, Living Christ](#)

[The Miracle of Mindfulness: a Manual on Meditation](#)

#### **Helpful Websites**

[www.waynemuller.com](http://www.waynemuller.com)

[www.upaya.org](http://www.upaya.org)

[www.newdimensions.org](http://www.newdimensions.org)

[www.explorefaith.org](http://www.explorefaith.org)

[www.spiritualityhealth.com](http://www.spiritualityhealth.com)

**IF YOU NEED PASTORAL HELP DURING THE SABBATICAL,  
PLEASE CONTACT:**

**Church Office: 249-7211**

**The Reverend Bonnie Duckworth, Deacon:**

**243-1916/247-0281 (cell & msg)**

**Kathy Johnson, Parish Ministries Coordinator: 249-0418**

**Kathie Goodman, Senior Warden: 746-5437**

## Calendar of Events

June 1 11:00 am Preschool graduation in the church  
June 5 11:00 am Outdoor Service at Wildcat Mountain  
June 8 6:30 pm Wardens meet in the Commons Room  
June 16 7:00 pm Vestry meets in the Commons Room  
June 22-26 Pisgah Camping Weekend  
June 27-July 1 Arts Discovery Camp at Grace Church  
June 29 3:00 pm Adult Forum Planning Meeting in the Commons Room

Contemplative Prayer – every Tuesday noon – 1:00 pm in the Chapel  
Bible Workbench Bible Study – Meets every Wednesday 1:15 pm in CR  
Midweek Healing Service – every Wednesday at 12:10 pm in the Chapel

### Outside Groups Using Facilities:

June 14 7:00 pm - UC  
Democratic Women of DC

June 21 5:30 pm  
Habitat for Humanity - UC

Al-Anon  
every Thursday at 8:00 pm - UC

## From The Sunday Lunch Kitchen...



**April 2011**

First Baptist - 27 helpers

160 meals were served with an average of 32 guests in attendance each week.

Grace Church provided 10 volunteers as well as the Rite-13 class that helped one week.

**Grace Episcopal Church**  
**419 S. Main Street**  
**Lexington, NC 27292-3234**

336.249.7211  
gracechurch@lexcominc.net  
www.gracechurchlexington.org

